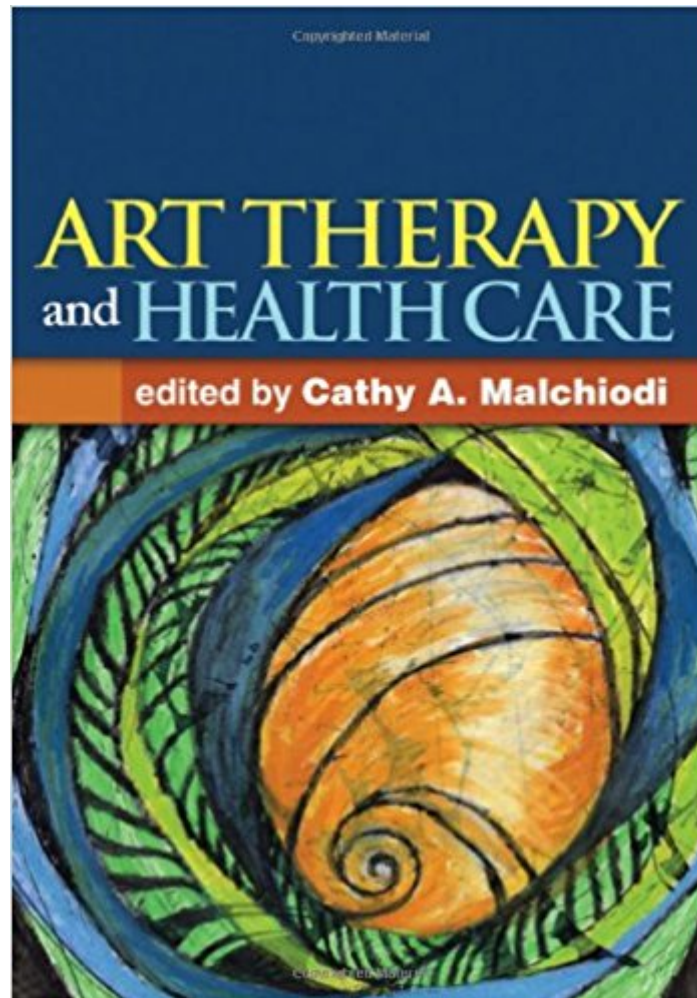




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# Art Therapy And Health Care



## Synopsis

Demonstrating the benefits of creative expression for patients living with acute or chronic illness, this volume provides a complete, practical introduction to medical art therapy. It presents evidence-based strategies for helping people of all ages--from young children to older adults--cope with physical and cognitive symptoms, reduce stress, and improve their quality of life. The book includes detailed case material and 110 illustrations. It describes ways to work with individuals and groups with specific health conditions and challenges, as well as their family members. Contributors are experienced art therapists who combine essential knowledge with in-depth clinical guidance.

## Book Information

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## Customer Reviews

"From practical tips for setting up an open studio to guidance on interpreting clients' art, this is a great reference for both new and experienced art therapists. Up-to-date, useful information is provided on working with clients with a wide array of medical diagnoses. The inclusion of cutting-edge outcomes research is a treasure--exactly what art therapists need to advocate for their work! This book will be a welcome resource for art therapy training programs."--Tracy Councill, MA, ATR-BC, Program Director, Tracy's Kids Art Therapy, Lombardi Cancer Center, Georgetown University Hospital"Malchiodi and her expert contributors tackle both complex and everyday issues involved in working with pediatric and adult patients, their families, and members of the health care team. The book's comprehensive coverage of art therapy in today's health care environment includes fresh, up-to-the-minute topics such as digital art therapy with hospitalized children.

Practical case examples and scenarios bring each chapter to life. Truly a gem of a book."--Judy Rollins, PhD, RN, Georgetown University School of Medicine; Editor, *Pediatric Nursing*"An outstanding, comprehensive resource. Chapters cover a broad range of health issues in pediatric and adult populations, detailing ways to implement art therapy approaches and addressing professional issues for art therapists in medical settings. Research evidence provided in the book supports the idea that art therapy can be a powerful antidote for the many emotional challenges associated with medical problems."--Robin L. Gabriels, PsyD, Departments of Psychiatry and Pediatrics, Children's Hospital Colorado and University of Colorado Denver"This timely volume highlights how art therapists can work collaboratively with health care practitioners to have a positive impact on patients' well-being. The book includes strong vignettes, clearly delineated therapeutic goals, and research findings on populations that have typically been underrepresented in the art therapy literature. An emphasis on the need for evidence-based inquiry is apparent throughout. This is an important resource for both practicing art therapists and graduate students. Coverage of common debates in the field--such as the pros and cons of technology in art therapy practice and ethical considerations in displaying patient artwork--will make for stimulating classroom discussions."--Juliet L. King, MA, ATR-BC, LPC, Director, Art Therapy Master's Program, Herron School of Art and Design, Indiana University-Purdue University Indianapolis

Cathy A. Malchiodi, PhD, ATR-BC, LPCC, LPAT, REAT, is an art therapist, expressive arts therapist, and clinical mental health counselor, as well as a recognized authority on art therapy with children, adults, and families. She has given more than 400 presentations on art therapy and has published numerous articles, chapters, and books, including *Understanding Children's Drawings* and *Handbook of Art Therapy*, Second Edition. Dr. Malchiodi is the founder and executive director of the Trauma-Informed Practices and Expressive Arts Therapy Institute. She has worked with a variety of community, national, and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, medical illness, and prevention. She is the first person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service Award, Clinician Award, and Honorary Life Member Award. She has also received honors from the Kennedy Center and Very Special Arts in Washington, DC. A passionate advocate for the role of the arts in health, she is a blogger for *Psychology Today*. Dr. Malchiodi is coeditor (with David A. Crenshaw) of Guilford's Creative Arts and Play Therapy series.

Wonderful introduction to art therapy in health care, Cathy discusses many different populations one

might encounter, directives that would work in those situations as well as personal accounts from individuals who have accessed art therapy during treatment! If you want to have a better idea of what Art Therapy is, and are interested in working in the medical field this is a wonderful addition to your library.

Fantastic condition. Needed for a college class

Excellent

Great book. Just started working in a pediatric setting and am using this book as my manual and reference guide. Love how it covers all different topics and populations! Def recommend if working in a ped. health care setting.

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